

# YOUNG PERSON'S FORUM

We met online tonight 4<sup>th</sup> December 2024

There was a discussion around most of you having exams and needing time for that. We agreed there was no pressure to attend every meeting and that these things had to take priority.

We agreed to make tonight quick and not to meet in January until we met in person for Joyful January.

At Joyful January we agreed to have an area set up asking other young people about emotions from this we will look at starting our own booklet on emotions and coping strategies.

We went over Novembers minutes and agreed we would return to these once exams and Joyful January were carried out.